

'Movie of the Week' at Wintermann Library

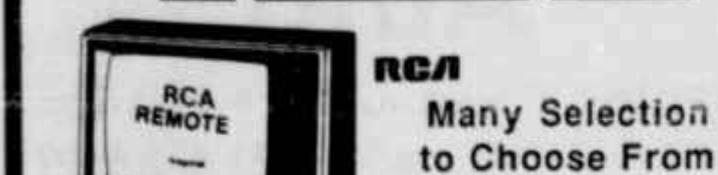
The Eula and David Wintermann Library's summer reading program started June 3 and will continue until July 29.

Story Hour is on Wednesdays with

children age 4 to completed first grade going at 10:30 a.m. and children who have completed 2nd through 5th grades going at 2:30 p.m.

Movies are held each Thursday at

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BENCHARGE

New business opening soon

Colorado County Auction, owned and operated by George Hagan and Dean Adamcik, will be opening Monday, June 22 in Columbus to accept merchandise for consignment sale. The building is located on Hwy. 71 (formerly Big Mama's BBQ).

Merchandise will be accepted Mondays, Wednesdays and Fridays from 3-7 p.m. Consignment auctions will be held every second Sunday of the month starting July 12. Barbecue will be served on the day of the sale starting at 11 a.m.

For more information, call one of the following numbers: 732-8291, Meat Mkt., day; 732-2553, George Hagan (TXEA-077-5084) after 6 p.m., or 725-8968, Dean Adamcik (TXS-058-007368) after 6 p.m.

Garwood/Nada News By Georgia Michalka

The Lehrer Memorial United Methodist Church held a hamburger supper on Wednesday, June 10 benefiting the Garwood Volunteer Fire Department. The supper was a big success by all those in charge. Pastor James Galloway-Edgar and the rest of the church would like to extend thanks to all those who attended and helped make the event such a success. Special thanks go out to Harvey Laake and Hubert Antrich, owners of F&W Food Store, who donated many of the condiments for the meal.

The Garwood Lions Club cancelled its regular meeting on June 10. The club will hold its installation of officers and ladies night on Wednesday, June 24 at the Sportsman's Restaurant in Eagle Lake.

In a ball action on June 8 the Buc Bears 21-14. The 1-1 ball team will have an end of season party at the Little League field on June 18 at 6:30 p.m.

The St. Mary's Community Center benefit had a real good turn out on Saturday, June 13. The evening began with a dance at 8 p.m. A very warm and enthusiastic crowd enjoyed the music of Roy and Ann Glaze well into the night. The highlight of the evening

was the much anticipated drawing for prizes. The lucky winners were: \$1,000, Mark Wied; \$500, Virginia Korenek; \$100, Leona Cranek, Tammy Wied, Connie Schellmann, Irene Skuca, Kenny Leopold, Jack Leopold, Angles and Lawrence Labay, Alvin Popp, Pat Gold and Raymond Labay.

Upcoming birthdays - June 18: Tiffany Cranek and Emil Vasut Sr.; June 19: Troy Krenek, William Weishuhn, Cari Cranek, M. Francis Muesse, Frieda Kubesch, Alberto Bittner and Beulah Shoop; June 20: Bill Hefner and Albert Bittner; June 21: Wm. Paul Lehrer, Raymond Wied, Joe Stovall and Donna (Larry) Cranek; June 22: Janie Kristynik and Clyde L. Muesse.



Pictured above are Hubert Antrich, Richard Seifert, Mitchel Smith, Harvey Laake and Pastor James Galloway-Edgar. Mr. Smith is shown presenting a \$965.30 check to Mr. Seifert of the Garwood Volunteer Fire Department.

Plane crashes, pilot not injured

On Monday, June 8, around 2:30 p.m. a plane in the service of Lissie Flying Service, crashed. The pilot, Lowell Hicks, walked away with just a scratch to his leg.

According to Dan Gertson, owner of Lissie Flying Service, Hicks was

flying over a field about 1.5 miles northwest of Eagle Lake. For no apparent reason the engine quit and Hicks had no choice but to down the plane in the nearest field. As the plane hit the ground it rolled over and was completely destroyed.

When asked about the cause of the engine failure, Mr. Gertson replied he was unable to determine that at this time. The engine was new with only 80 hours to its credit. The FAA has completed their investigation, but the results have not been reported.

Holding on to our sense of humor is a serious business. Sometimes the only way to bear our burdens is to laugh and bear them anyway. Life is tough, but without laughter it is intolerable. There are great moments of mirth in every family that conjure up scenarios of dealing with very serious problems in unconventional ways. Humor often defuses anger and heals pain.

When families come together in shared laughter, they enjoy a deep

feeling of common humanity and unity. Laughing at our troubles presents us with an offer we can't refuse.

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Area Restaurant Review

A Twice Monthly Feature of Reminders About Your Favorite Eating Places

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Spring melons — versatile and delicious

Spring has arrived and with it comes the appearance of fresh, sweet, Texas cantaloupe and honeydew melons. The Rio Grande Valley of Texas, from the tip of the state north to Laredo, is not only the first domestic supplier of cantaloupe and honeydew in the nation, but also one of the nation's leading producers of the succulent spring delicacies.

The popularity of these two produce items continues to increase. A fresh produce study just revealed that, among those polled, melons were among the top choices for favorite fruits. It's really no surprise though. Years of research have perfected the varieties and the growing practices. Texas cantaloupe and honeydew are now firm, flavorful and hardy. The deep orange color, small seed cavity, thick juicy flesh and naturally high sugar content of cantaloupe make them a consumer favorite. And, you can't overlook the sparkling green flesh, unique flavor and natural sweetness of honeydew. From the South Texas area will come melons from about 26,000 acres. Harvesting will gear up in mid-May and continue through June.

Cantaloupe and honeydew are so versatile that they can be enjoyed in many different ways. Breakfast and snacking are becoming popular choices. Mixed with other fruits, these melons also perk up salads for both lunch and dinner. For example, the Spring Beehive Salad suggested here features the flavor of spring melons with pink grapefruit, pineapple, avocado, strawberries, and a very

special sauce. Or, become adventurous and try this deliciously light cantaloupe cake. Cantaloupe purée is added to angel food cake batter and the whipped topping for the most special of tastes. Then decorate it with cantaloupe balls for the best looking, best tasting dessert you can imagine. While you're enjoying the flavor of spring cantaloupe and honeydew, keep in mind that they are a healthy choice in eating. Six ounces of cantaloupe have only fifty calories, while the same amount of honeydew represents only sixty. The American Cancer Society released information which states that consumption of foods high in beta-carotene (which is converted into Vitamin A after consumption) and Vitamin C has been associated with lower rates of some cancers. Cantaloupe contain 100% of the U.S. Recommended Daily Allowance of Vitamin A and Vitamin C. At the same time, honeydew have 50% of the U.S. RDA for Vitamin C. Both contain no fat or cholesterol and each has one gram of dietary fiber.

Spring Beehive Salad
1 small Texas honeydew
1 med. Texas cantaloupe
1 pink grapefruit
1 pineapple
1 ripe but firm avocado
large ripe strawberries
8 oz. sour cream
1 T. brown sugar
1 T. honey
1 bunch leaf lettuce
Cuttings 1/4" thick across each type of fruit. Makes Devonshire Sauce by

thoroughly mixing the sour cream, brown sugar and honey. Remove the leaf lettuce leaves, wash and line 4 small salad plates. Place the rings in descending order starting with the largest first. Fill the center cavity of each ring with the Devonshire Sauce as it is added to the stack. Top each with a strawberry in the center.

Cantaloupe Chiffon Cake
2 med. ripe cantaloupe
1 box white angel food cake mix
1/4 cup water
1 1/2 oz. carton frozen non-dairy whipped topping, thawed
Peel and seed the Texas cantaloupe. Puree enough cantaloupe in a blender to make 2 cups. With a mixer, beat 1-1/2 cups of the cantaloupe purée, 1/4 cup water and cake mix until well-blended. Bake in an ungreased food cake pan at 350° for 40 minutes. Refer to package for cooling directions. With a melon baller, make as many melon balls as possible with the remaining cantaloupe. Make icing by folding the remaining 1/2 cup cantaloupe purée into thawed non-dairy topping. Ice the cake and fill the center with the melon balls. Use remaining balls to decorate the cake top. After serving, refrigerate.

Know Your Merchants and Businesses

A weekly news and advertising feature to help our readers become more familiar with area businesses

Put your business in the spotlight... For advertising information on this page call 409-234-5521.

NanEb Home Care Services

Hospital-type medical equipment available at home

In a sea of disappointing area economic indicators, one local couple is bucking the tide. The good news comes from Tom and Nancy Sherick who started a new business last year that doubled in volume this year. It looks like it will do the same next year.

Called NanEb Home Care Services (NanEb is a combination of Nancy Sherick's first name and Tom Sherick's middle name, Ebenezer), the company rents hospital-type equipment to medical patients so they can live at home. At the present the Shericks are operating out of their home, but if the business does grow as it seems it will, they hope to open a store in one of the buildings downtown. Tom is director of respiratory care at Eagle Lake Community Hospital.

NanEb offers a wide range of equipment from oxygen concentrators (breathing apparatus) to wheelchairs, a portable adult commode chair, dy medical standards, the business is designated as a Durable Medical Equipment supplier, but they do offer disposable items needed to enable a patient to use some of the equipment.

"Just about anything used in a hospital can be supplied," Tom Sherick said last week.

"If it wasn't for Dr. Russell (Thomas) we probably wouldn't have started the business here," Sherick said when asked about its origins. Actually the idea came when Tom and Nancy were employed at a hospital in North Dakota. She was director of nursing and he was director of respiratory care. When a patient there needed a ventilator, and a company could not be found to rent one, Sherick got the idea to supply it himself. From that seed they began

working with more patients and renting more equipment. Once they left the Dakotas, they didn't expect to be in the business again.

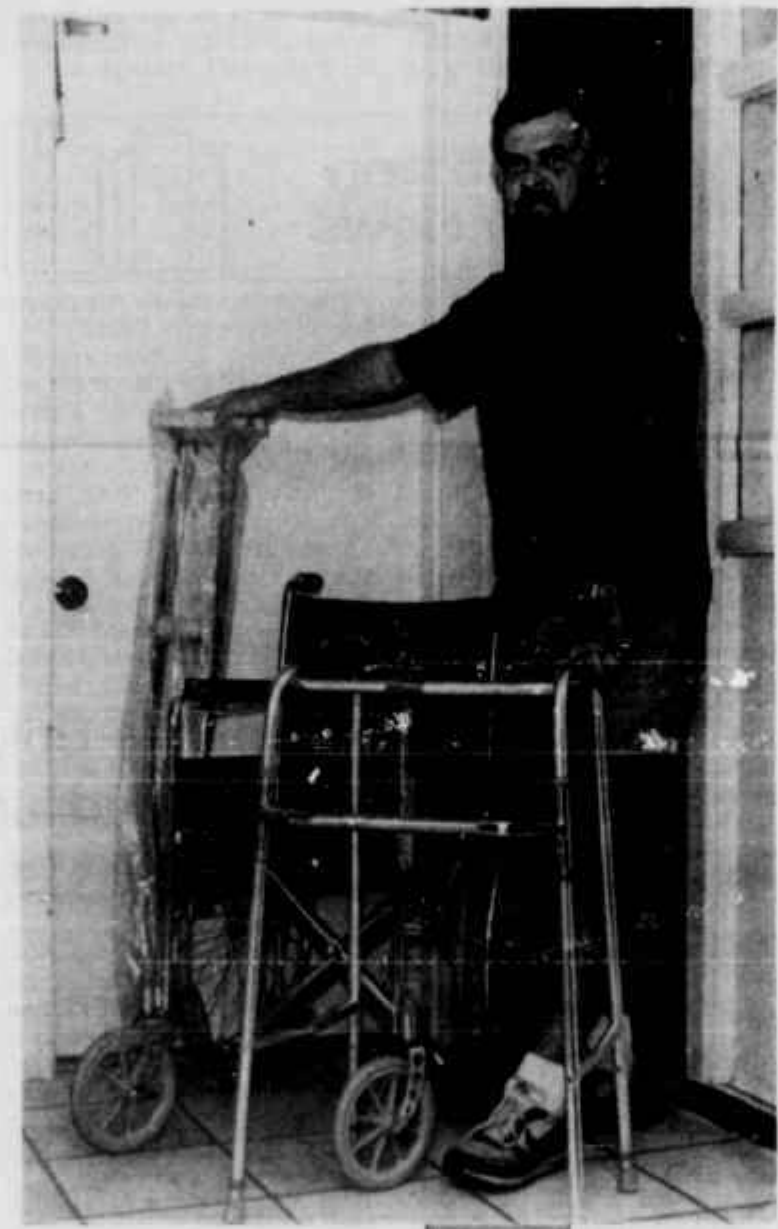
But, with the urging of Dr. Thomas, the Shericks found a company that would let them make available six concentrators. Once they found out there was a need for home-used hospital equipment, they expanded.

In early 1986, the Shericks' worked with First National Bank and Bill Harrison Jr., to purchase more equipment. Now, more than 12 months later, they have three times the equipment, and a lot more customers.

Among the items on their list are oxygen concentrators, portable oxygen tanks, hospital beds, wheel chairs, walkers, canes, commode chairs, patient lifts that allow a sling to be placed under a bedridden patient so the patient can be picked up while linens are changed or to move the patient to a tub or a chair, infant apnea monitors which monitor breath and heart rates (for high risk Sudden Infant Death syndrome babies), and others. Most of the patients using the service are covered by Medicare and Medicaid.

Before growing to the point of opening a store in town, the Shericks hope to find someone who can travel for them and make calls on doctors within a 75 mile radius of Eagle Lake. "You have to let them know what you have before they will recommend your services," Sherick said.

In the meantime, if you have a need for some hospital equipment to help you care for someone at home, Call NanEb Home Care Services at 234-5800.



Nancy Sherick, owner of NanEb Home Care Services, is shown in a wheelchair.

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